

Thomas A. Powell, Ph.D.
Licensed Psychologist- Doctorate
Vermont Forensic Assessment, PLLC
5224 Shelburne Rd., Suite #5
Shelburne, Vermont 05482

CURRICULUM VITA

Educational History

Doctor of Philosophy in Clinical Psychology

University of Vermont
Burlington, Vermont

July, 1988 - April, 1993

Internship: Boston Consortium in Clinical Psychology, VA Medical Center, Boston, MA. APA Accredited. Rotations in inpatient psychiatry, outpatient PTSD treatment and inpatient substance abuse treatment. 2,000 hours.

Dissertation: "The Prevalence of Mental Illness among Rural Prisoners."
Additional research in the area of risk assessment, psychopathy, offender treatment programs, organizational structures.

Master of Arts in Clinical Psychology

St. Michael's College
Colchester, Vermont

Sept., 1984 - Aug., 1988

Internship: Washington County Mental Health, Montpelier, VT. Outpatient clinical services, including intake, assessment, treatment and consultation. 750 hours. Thesis: "The Diagnosis, Etiology and Treatment of Pedophilia."

Bachelor of Arts

University of Virginia
Charlottesville, Virginia

Sept., 1968 - June, 1973

Major: English Literature
Minor: Eastern Religions

Advanced Professional Credentials

Psychologist-Doctorate, Vermont License #480
Certified LSI-R Trainer

Professional Positions

Clinical and Forensic Psychologist
Private Practice
5224 Shelburne Rd., Suite #5
Shelburne, Vermont 05482

Nov., 2004 - present

Comprehensive psychological evaluations of individuals referred by the courts, criminal justice system, attorneys, parole board, licensing boards, and other parties. Services include forensic evaluation of cases for competency, NGRI, dangerousness, criminal risk assessment, adolescent adjudication, sex offender status/risk determination, post-adjudication case planning and corrections treatment planning. Collaboration with referring parties in the delineation of specific referral questions and treatment goals, and post-evaluation consultation to ensure clarity of findings, recommendations and referral for follow-up services..

Professional consultation to criminal justice jurisdictions and entities, specializing in adult and juvenile justice system development, integration of risk assessment into case planning, co-occurring disorders treatment, sex offender evaluation and treatment, gender-specific treatment programs for incarcerated women, mental health policy, and quality assurance design and implementation. Program evaluation studies with data acquisition, statistical analyses, findings and targeted recommendations.

Credentialed training and consultation in the use of risk assessment methods, including the Level of Services Inventory-Revised (LSI-R). Training to criminal justice case managers, probation/parole officers, clinicians, halfway house program coordinator and others in the principles of criminal risk assessment, specific practices and techniques, use of validated methods and instruments, skill and competency development, and quality assurance methods.

Adjunct Professor
Masters Program in Forensic Psychology
Castleton State College
Castleton, Vermont

January, 2005 – present

January, 2003 – May, 2003

Professor of coursework and studies in forensic psychology, criminal behavior, correctional psychology, psychopathy, and sex offenders. Development of new curricula and supervision of students in the design and completion of research projects, thesis

and internships. Development of research initiatives with emphasis on correctional treatment programs and risk assessment.

Director of Clinical Services
Department of Corrections
State of Vermont
Waterbury, Vermont

March, 1986 – Nov. , 2004

Administration and management of all clinical affairs and program operations of the Vermont Department of Corrections. Development, implementation and evaluation of policy, practices and operational principles in the following areas:

Health Care Services

Design, implementation, management of medical and dental care systems for adult male and female inmates in Vermont penal system. Development of contracts and policies related to health care in state correctional institutions. Management of contracts with private-sector correctional healthcare providers for health services, including preparation of requests for proposals, bidding and contract negotiating, utilization review, quality improvement, and national accreditation. Collaborative supervision of facility superintendents relative to general health care needs of inmates, prevention efforts, staff training and handling of complex cases. Systems coordinator for all public health emergencies involving corrections inmates. Interagency and legislative representative for the Department of Corrections on health care matters. Testimony, deposition and consultation with legal staff on matters of litigation and legislation. Primary responsibility for \$8,000,000 annual health care budget, including planning, analysis, monitoring of specific trends and cost-containment strategies.

Mental Health Services

Administrative direction and management of the mental health service system for Vermont inmates. Development of legislative proposals, policy and practice guidelines for the treatment of mentally ill offenders. Management of contracts with private-sector mental health providers for mental health services, including preparation of requests for proposals, bidding and contract negotiating, and quality improvement. Design and implementation of residential treatment units within corrections for mentally ill offenders and mental health care for inmates in general prison population and the community. Analysis and resource allocation, including all budgetary matters pertaining to the treatment of mentally ill offenders.

Management of \$1,500,000 annual budget. Clinical supervision of senior staff and interns. Training of correctional staff in recognition and response to symptoms of mental illness and suicide prevention. Extensive contact with other administrators and mental health professionals throughout the United States and Canadian provinces. Testimony before legislative committees and courts as an expert witness. Principle investigator and author of an epidemiological study of the prevalence of mental illness in Vermont correctional facilities. Related research activities involving the effects of mental illness, trauma and substance abuse on the criminal activities of incarcerated men and women.

Risk Assessment

Development and management of Vermont's criminal risk assessment program, including policies and practices involving the use of valid and reliable assessment instruments, including the Level of Service Inventory, the (Hare) Psychopathy Checklist, and the Violence Risk Appraisal Guide for use in sentencing, parole and community release decision-making. Development of classification and program eligibility criteria reflecting the use of these instruments, and quality assurance and improvement strategies for valid scoring, interpretation and reporting of results. Provision of extensive training to correctional case managers and probation/parole officers in the use of the Level of Service Inventory.

Correctional Treatment Programs

Administration of treatment interventions and programs for Vermont offenders (in prisons, jails, community programs, parole) in the areas of substance abuse, violence, cognitive restructuring, and sexual deviance. Direct supervision of mid-level managers. Development, implementation and evaluation of models specific to the treatment needs of offenders. Frequent consultation, referral and intervention on individual cases. Consultation on juvenile and youthful offender management. Training of Department of Corrections' staff and clinicians under contract in correctional psychology and intervention methods. Administration of federal grants, involving the assessment and treatment of violent offenders and offenders with mental illness.

Research

Extensive collaboration with the University of Vermont Psychology Department and Castleton State College in areas related to inmates and corrections. Research

areas include efficacy and utility of an offender risk assessment instrument, epidemiological study of the prevalence of mental illness among Vermont prisoners, evaluation of a suicide prevention/mental health screening instrument for inmates, evaluation of a cognitive-behavioral treatment program for violent and antisocial inmates, issues specific to mental illness, trauma and substance abuse among incarcerated women, and staff attitudes toward restrictions on smoking in correctional facilities.

Legislation and Legal Activities

Development of legislative proposals and policy over the clinical operations of the Department of Corrections. Active participation in *Goldsmith v. Dean* litigation. Regular communication with legislative representatives and testimony before legislative committees. Extensive consultation with staff attorneys in preparation for litigation activities. Fact and expert witness testimony in court. Frequent consultation on personnel matters, including fitness-for-duty evaluations.

Clinical Psychologist

Sept. 1990 – July, 1995

Private Practice

Franklin County Associates in Psychology St. Albans, Vermont

Professional psychology services (full time 1990-91, part time 1992-95), including psychological evaluations, risk assessment, and individual, couples and family therapy in a private outpatient setting with adults, adolescents, couples and families. Treatment of depression, anxiety, sexual dysfunction, adjustment disorders, attention deficit and hyperactivity disorders, trauma and post-traumatic stress, and conduct disorders. Court-ordered evaluations, psychological evaluations, employee fitness evaluations, SSI eligibility assessments. Consultation to corporations for employee wellness and critical incident stress debriefing.

Psychology Resident

Sept. 1991 - August, 1992

Boston Consortium in Clinical Psychology Veterans Administration Medical Center Boston, Massachusetts

APA-approved internship at two Veterans Administration sites. Four month rotations at a large outpatient clinic, an intensive inpatient substance abuse unit, and an acute psychiatric inpatient ward. Individual and group treatment services,

assessment and evaluation, team meetings, charting and other professional duties. Research and poster presentations at APA annual conference. Extensive supervision, weekly seminars, and related training.

Outpatient Clinician (internship) Sept. 1985 - June, 1986
Washington County Mental Health
Montpelier, Vermont

Individual and couples therapy in an adult outpatient community mental health setting. Provided services to broad cross-section of clients with multiple presenting problems and disorders. Duties included case management, consultation, treatment team.

Probation and Parole Officer Sept. 1980 - Aug. 1985
Department of Corrections
Burlington, Vermont

Supervision, counseling and intervention with caseload of probation and parole clients. Prepared presentence investigations for the courts, referred clients to a variety of services, provided short-term counseling and crisis intervention services. Piloted intensive services caseload, working with 20 high-risk clients. Served as Special Assistant to the Director for policy development during 1984.

Corrections Counselor Jan. 1978 - Aug. 1980
Chittenden Community Correctional Center
South Burlington, Vermont

Supervised a caseload of inmates at a regional community correctional center. Prepared case plans, counseled clients and referred to specialized services. During 1979-80 coordinated all classification and program activities at the facility. Also, developed and implemented a vocational assessment and training program.

Additional Professional Experience

Manuscript reviewer - *Criminal Justice and Behavior*.
Executive Council – Association of Corrections Mental Health Directors
Corrections representative – Vermont Mental Health Planning Council
Grant reviewer – National Institute of Justice
Presenter at conferences, training workshops and seminars on a variety of topics:

- Criminal risk assessment

- Level of Service Inventory – basic and advanced training
- Psychopathy
- Management of incarcerated women
- Treatment of co-occurring (dually-diagnosed) disorders
- Management and treatment of mentally ill inmates
- Sex offender typologies, evaluation and treatment
- Cognitive skills training
- Substance abuse evaluation and treatment
- Evidence-based interventions in correctional treatment

Publications

- Powell, T.A., Bush, J. & Bilodeau, B.M. (July, 2001). Vermont's cognitive restructuring program for violent offenders: A fifteen year review. Corrections Today, American Correctional Association.
- Carpenter, M.J., Hughes, J.R., Solomon, L.J. & Powell, T.A. (2001). Smoking in correctional facilities: A survey of employees. *Tobacco Control*, 10, 38-42.
- Gibson, L.E., Holt, J.C., Fondacaro, K.M., Tang, T.S., Powell, T.A. & Turbitt, E.L. (1999). An examination of antecedent traumas and psychiatric comorbidity among male inmates with PTSD. *Journal of Traumatic Stress*, 12 (3), 473-483.
- Fondacaro, K.M, Holt, J.C & Powell, T.A. (1999). Psychological impact of childhood sexual abuse on male inmates: The importance of perception. *Child Abuse & Neglect*, 23 (4), 361-369.
- Powell, T.A., Holt, J.C. & Fondacaro, K.M. (1997). The prevalence of mental illness among inmates in a rural state. *Law and Human Behavior*, 21 (4), 427-437.
- Powell, T.A. (1997). Mentally Ill Offenders under Field Supervision: Survey Results and Implications. *The Community*, 10 (2), 1-6.
- Powell, T.A. & Fondacaro, K.G. (1990). The test of criminal thinking and measures of psychopathy. Unpublished manuscript.
- Powell, T.A. (1990). The field supervision model: de-institutionalizing community corrections. Forum: Proceedings of the Second Annual Corrections Research Forum. Correctional Services of Canada.

Powell, T.A. (1986). Treating the corrections client: Mission impossible? The Vermont Alcohol and Drug Abuse Counselor, 2 (2), 6-10.

Powell, T.A. (1984). Probation and parole: How it works. Informer, 5 (1), 3-4.

Recent Presentations

Powell, T.A. (2005). *The Level of Service Inventory – Revised - Screening Version: Preliminary Validation of a U.S. Offender Sample*. Canadian Psychological Association Annual Convention, Montreal, Quebec.

Powell, T.A., Saxman, A., Seibert, D. & Hetman, C. (2004, September). *Evidence based substance abuse treatment: what works and what doesn't*. Vermont Bar Association Annual Convention, Montpelier, VT.

Powell, T.A. (2004, February). *Substance abuse treatment policy*. Vermont Judicial College. Ripton, VT.

Field, G., Jones, R.D., Peters, R.H., Powell, T.A., Nixon-Hughes, D. & Wilkinson, R.A. (2002, June). *Meeting the challenge in correctional mental health care: The prison experience*. National videoconference sponsored by the National Institute of Corrections, Spokane, WA.

Ault, A. L., Powell, T. A., & Arden, R. (2002, January). *Psychopaths: Their impact on corrections*. Symposium conducted at American Correctional Association 2002 Winter Conference, San Antonio, TX.

Field, G., Powell, T., Nixon-Hughes, D. & Haas, S. (2001, July). *Exploring treatment options and best practices*. National Corrections Conference on Mental Illness, Boston, MA.

Powell, T.A., Fondacaro, K.M., & Holt, J.C. (2000, May). *Trauma, psychiatric disorder and pathways to criminality for women*. Symposium conducted at Annual Convention, Div. 41. Psychology and the Law, New Orleans, LA.

Powell, T.A., Fondacaro, K.M., Holt, J.C., & Gibson, L.E. (1999, November). *Psychiatric disorders among rural women inmates*. In T.A. Powell (Chair), *Trauma and Incarcerated Women*. Workshop conducted at the Annual Convention of the New England Council on Crime and Delinquency, Burlington, Vt.

Powell, T.A., Fondacaro, K.M., Holt, J.C., & Gibson, L.E. (1999, August).). Psychiatric disorders among rural women inmates. In T.A. Powell (Chair), *Women inmates: Trauma, mental disorders and criminality*. Symposium conducted at the 107th Annual Convention of the American Psychological Association, Boston, MA.

Holt, J.C., Gibson, L.E., Fondacaro, K.M., Turbitt, E.L. & Powell, T.A. (1998, November). *Treatment Needs of Women Inmates with Posttraumatic Stress Disorder*. Poster presentation at 14th Annual Meeting of International Society for Traumatic Stress Studies, Washington, DC.

Holt, J.C., Fondacaro, K.M., Gibson, L.E. & Powell, T.A. (1998, November). *Childhood Physical Abuse and psychiatric Disorders among Male Offenders*. Poster presentation at 14th Annual Meeting of International Society for Traumatic Stress Studies, Washington, DC.

Gibson, L.E., Holt, J.C., Fondacaro, K.M., Turbitt, E.L. & Powell, T.A. (1998, November). *Posttraumatic Stress Disorder and its Antecedent Traumas among Women Inmates*. Poster presentation at 14th Annual Meeting of International Society for Traumatic Stress Studies, Washington, DC.

Powell, T.A., Brief, D.J., Kelly, J.M., Weathers, F.W. & Kripsley, K.E. (1992, November). *Antisocial personality disorder, childhood trauma, and the development of adult symptomatology*. Poster presentation at 26th Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

Professional Associations

American Psychological Association – member
Canadian Psychological Association - member
Vermont Psychological Association – member
American Association for Correctional and Forensic Psychology - member

References

Available upon request.