

CURRICULUM VITAE

Name: John C. Holt, Ph.D.
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EDUCATION

- Ph.D. University of Vermont (2001)
- Clinical Psychology
- Dissertation: "Psychological symptoms and criminality as long-term effects of childhood victimization: A comparison between women inmates and women in the community"
- B.A. University of Vermont (1991)
- Majors: Psychology, Political Science, Economics
- College Honor's Thesis: "A comparison between program and non-program correctional officers at a medium security prison"

HONORS

- College Honors, University of Vermont (1991)
Undergraduate Research Symposium, University of Vermont (1991)

PROFESSIONAL EMPLOYMENT

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| 2004-Present | Principal Investigator
Workforce Development Program
Waterbury, Vermont |
| 2003-Present | Corrections Program Consultant
Department of Corrections, State of Vermont
Waterbury, Vermont |
| 2001-Present | Consulting Psychologist
Woodside Juvenile Rehabilitation Center
Colchester, Vermont |
| 2001-2003 | Consulting Psychologist
Department of Psychology
University of Vermont |

2000-2003	Mental Health Services Administrator Matrix Health Systems, PC Burlington, Vermont
1994-2000	Research Coordinator Department of Corrections, State of Vermont Waterbury, Vermont
1998-2000	Mental Health Consultant Department of Corrections, State of Vermont Waterbury, Vermont
1989-1999	Research Assistant Department of Psychology University of Vermont
1997-1999	Therapist Behavior Therapy and Psychotherapy Center Burlington, Vermont
1993-1997	Group Facilitator Department of Corrections, State of Vermont Waterbury, Vermont
1995-1996	Substance Abuse Counselor UVM Substance Abuse Treatment Center Burlington, Vermont
1992-1994	Research Assistant Vermont Alcohol Research Center Colchester, Vermont
1992-1993	Research Assistant Center for Children, Youth and Families University of Vermont

CLINICAL EXPERIENCE

1996-Present	Individual and family therapist incorporating cognitive-behavioral and interpersonal approaches in a juvenile rehabilitation center.
1999-2000	Individual therapist (pre-doctoral intern) incorporating cognitive-behavioral and interpersonal approaches at a federal correctional institution for males and females.

- 1997-1999 Individual therapist incorporating cognitive-behavioral and interpersonal approaches at an outpatient treatment clinic.
- 1996-1999 Individual and family therapist incorporating cognitive-behavioral and interpersonal approaches in a juvenile rehabilitation center.
- 1993-1997 Group facilitator for a cognitive-behavioral program addressing violent offenders' antisocial personality and behavior.
- 1995-1996 Substance abuse counselor. Individual behavioral therapy incorporating the community reinforcement approach.
- 1989-1991 Substitute staff for a residential treatment center for individuals with severe mental illness. Assisted in reintegrating individuals into the community.

RESEARCH EXPERIENCE

- 2004-Present Workforce Development Program (Principal Investigator). Vermont Department of Corrections. Funded by the U.S. Department of Education.
- 1991-2003 Mental Health Needs of Vermont Inmates (Research Coordinator). Funded by the Department of Corrections, State of Vermont.
- 1991-2003 Incarcerated Female Offenders: A Profile in Vermont (Research Coordinator). Funded by the Department of Corrections, State of Vermont.
- 1996-1997 Mental Health Status of Offenders Under Field Supervision (Research Assistant). Funded by the Department of Corrections, State of Vermont.
- 1996-1997 Development and Validation of the Sexual Abuse Myths Scale (Research Assistant). Department of Psychology, University of Vermont.
- 1991-1996 Development and Validation of the Institutional Attitudes Questionnaire (Research Assistant). Funded by the Department of Corrections, State of Vermont.
- 1993-1995 Evaluation of the Intermediate Sanctions Program (Research Coordinator). Funded by the Department of Corrections, State of Vermont.
- 1992-1994 Differences in Alcoholic and Non-alcoholic Siblings (Research Assistant). Funded by the National Institute of Alcohol Abuse and Alcoholism.

- 1990-1993 Evaluation of the Violent Offender Program at the Northwest State Correctional Facility (Research Assistant). Funded by the Department of Corrections, State of Vermont.
- 1992-1993 Transitions to Adulthood Following Mental Health Services (Research Assistant). Funded by the W.T. Grant Foundation.
- 1992-1993 Exposure to Environmental Tobacco Smoke in Correctional Facilities (Research Assistant). Funded by the American Lung Association.
- 1991 Survivors of Sexual Abuse Survey (Research Assistant). Funded by the Vermont Center for the Treatment and Prevention of Sexual Abuse.

TRAININGS/CONFERENCES ATTENDED

Diagnostic Interview Schedule Training. Washington University, St. Louis, Missouri. May, 1991.

Psychopathy Checklist - Revised Training (presented by Robert Hare, Ph.D. and Adele Forth, Ph.D.). Stowe, Vermont. November, 1996.

National Adolescent Perpetrator Network. Cherry Hill, New Jersey. April, 1997.

Adolescent Sex Offenders (presented by Judith Becker, Ph.D.). Holyoke, Massachusetts. June, 1997.

International Society for Traumatic Stress Studies 13th Annual Conference. Montreal, Quebec. November, 1997.

U.S. Department of Justice Office of Justice Programs Workshop on Correctional Research Partnerships. Sponsored by the Corrections Program Office and the National Institute of Justice. Washington, DC. May, 1998.

24th International Congress of Applied Psychology. San Francisco, California. August, 1998.

The Victimization of Children: A Developmental Perspective (presentation by David Finkelhor, Ph.D., and Karen Olio, M.A., M.Ed.). South Burlington, Vermont. September, 1998.

Level of Supervision Inventory Training (led by David Simourd, Ph.D.). Waterbury, Vermont. September, 1998.

17th Annual Research & Treatment Conference of the Association for the Treatment of Sexual Abusers. Vancouver, British Columbia. October, 1998.

International Society for Traumatic Stress Studies 14th Annual Conference. Washington, DC. November, 1998.

American Psychological Association 107th Annual Convention. Boston, MA. August, 1999.

International Society for Traumatic Stress Studies 15th Annual Conference. Miami, FL. November, 1999.

20th Annual Research & Treatment Conference of the Association for the Treatment of Sexual Abusers. San Antonio, TX. November, 2001.

International Society for Traumatic Stress Studies 17th Annual Conference. New Orleans, LA. December, 2001.

PRESENTATIONS

Balsam, K., Gibson, L.E., Holt, J.C., Fondacaro, K.M., Renders, J., & Powell, T.A. (1999, November). *Effects of traumatic experiences among female offenders*. Poster presented at the 15th annual meeting of the International Society of Traumatic Stress Studies, Miami.

Fondacaro, K.M., Gibson, L.E., Holt, J.C., Renders, J., & Powell, T.A. (1999, November). *Traumatic Experiences of Female Offenders*. Poster presented at the 15th annual meeting of the International Society of Traumatic Stress Studies, Miami.

Fondacaro, K.M., Holt, J.C., Gibson, L.E., Tang, T.S., & Powell, T.A. (1998, August). *Long-term effects of childhood sexual victimization of male inmates*. Poster presented at the 24th International Congress of Applied Psychology, San Francisco.

Fondacaro, K.M., Holt, J.C., Gibson, L.E., & Powell, T.A. (1999, August). Childhood victimization and female criminality: A conceptual framework. In T.A. Powell (Chair), *Women inmates: Trauma, mental disorders and criminality*. Symposium conducted at the 107th Annual Convention of the American Psychological Association, Boston, MA.

Gibson, L.E., Fondacaro, K.M., Powell, T.A., & Holt, J.C. (1999, August). Trauma histories of women inmates. In T.A. Powell (Chair), *Women inmates: Trauma, mental disorders and criminality*. Symposium conducted at the 107th Annual Convention of the American Psychological Association, Boston, MA.

Gibson, L.E., Holt, J.C., Fondacaro, K.M., Turbitt, E.L., & Powell, T.A. (1998, November). *Posttraumatic stress disorder and its antecedent traumas among women inmates*. Poster presented at the International Society for Traumatic Stress Studies 14th Annual Conference, Washington, DC.

Gibson, L.E., Holt, J.C., Tang, T.S., Powell, T.A., & Fondacaro, K.M. (1998, August). *An examination of PTSD among inmates in a rural state*. Poster presented at the 24th International Congress of Applied Psychology, San Francisco.

Holt, J.C. (1991, April). *A comparison between program and non-program correctional officers at a medium security prison*. Paper presented at the Undergraduate Research Symposium, University of Vermont.

Holt, J.C., Fondacaro, K.M., Gibson, L.E., & Powell, T.A. (1998, November). *Childhood physical abuse and psychiatric disorders among male offenders*. Poster presented at the International Society for Traumatic Stress Studies 14th Annual Conference, Washington, DC.

Holt, J.C., Fondacaro, K.M., Gibson, L.E., Powell, T.A., & Renders, J. (1999, November). *Traumatic experiences as predictors of female criminality*. Poster presented at the 15th annual meeting of the International Society for Traumatic Stress Studies, Miami.

Holt, J.C., Fondacaro, K.M., & Powell, T.A. (1998, October). *Childhood trauma and psychiatric disorders among male sex offenders*. Poster presented at the 17th Annual Research & Treatment Conference of the Association for the Treatment of Sexual Abusers. Vancouver, British Columbia.

Holt, J.C., Gibson, L.E., Fondacaro, K.M., Turbitt, E.L., & Powell, T.A. (1998, November). *Treatment needs of women inmates with posttraumatic stress disorder*. Poster presented at the International Society for Traumatic Stress Studies 14th Annual Conference, Washington, DC.

Holt, J.C., Higgins, S.T., Van Etten, M.L., & Wong, C.J. (1996, June). *Reliability of the Pleasant Events Schedule in a cocaine-dependent sample*. Poster presented at the College on Problems of Drug Dependence Fifty-Eighth Annual Scientific Meeting, Puerto Rico.

Holt, J.C., Powell, T.A., Fondacaro, K.M., Tang, T.S., & Gibson, L.E. (1998, August). *Prevalence of mental disorders among rural male inmates*. Poster presented at the 24th International Congress of Applied Psychology, San Francisco.

Holt, J.C., Powell, T.A., Gibson, L.E., & Fondacaro, K.M. (1999, August). *Psychiatric disorders among rural women inmates*. In T.A. Powell (Chair), *Women inmates: Trauma, mental disorders and criminality*. Symposium conducted at the 107th Annual Convention of the American Psychological Association, Boston, MA.

Powell, T.A., Fondacaro, K.M., Holt, J.C., & Gibson, L.E. (1999, August). Women inmates in Vermont. In T.A. Powell (Chair), *Women inmates: Trauma, mental disorders and criminality*. Symposium conducted at the 107th Annual Convention of the American Psychological Association, Boston, MA.

Powell, T.A., Holt, J.C., Fondacaro, K.M., Gibson, L.E., & Tang, T.S. (1998, August). *Co-Occurring disorders among rural male inmates*. Poster presented at the 24th International Congress of Applied Psychology, San Francisco.

Tang, T.S., Holt, J.C., Powell, T.A., Fondacaro, K.M., & Gibson, L.E. (1998, August). *Comparison of rates of mental disorders between Caucasian and minority inmates in a rural state*. Poster presented at the 24th International Congress of Applied Psychology, San Francisco.

PUBLICATIONS

Fondacaro, K.M., Holt, J.C., & Powell, T.A. (1999). Psychological impact of childhood sexual abuse on male inmates: The importance of perception. *Child Abuse & Neglect*, 23, 361-369.

Gibson, L.E., Holt, J.C., Fondacaro, K.M., Tang, T.S., Powell, T.A., & Turbitt, E.L. (1999). An examination of antecedent traumas and psychiatric comorbidity among inmates with PTSD in a rural state. *Journal of Traumatic Stress*, 12, 473-484.

Holt, J.C., Coffey, P., & Fondacaro, K.M. (1992). *Female offenders in Vermont: A demographic profile*. Burlington, VT: University of Vermont.

Holt, J.C., Coffey, P., & Fondacaro, K.M. (1992). *Female offenders in Vermont: Psychological distress*. Burlington, VT: University of Vermont.

Holt, J.C., & Fondacaro, K.M. (1991). *Staff at the Northwest State Correctional Facility: Descriptive information*. Burlington, VT: University of Vermont.

Holt, J.C., & Fondacaro, K.M. (1991). *Staff at the NWSCF: Job satisfaction and perceived job stress*. Burlington, VT: University of Vermont.

Holt, J.C., & Fondacaro, K.M. (1992). *Survivors of sexual abuse: Survey 1991*. Burlington, VT: University of Vermont.

Powell, T.A., & Holt, J.C. (1997). Mentally ill offenders under field supervision. *The Community*, 10(2), 1-5.

Powell, T.A., Holt, J.C., & Fondacaro, K.M. (1993). *Prevalence of mental disorders among rural prisoners: A Vermont sample*. Burlington, VT: University of Vermont.

Powell, T.A., Holt, J.C., & Fondacaro, K.M. (1997). The prevalence of mental illness among inmates in a rural state. *Law and Human Behavior*, 22, 427-438.

REFERENCES

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